

Carrie parent guide and trigger warnings - MAJOR SPOILERS BELOW

Rating: PG-13

Carrie White is a teenage outcast who longs to fit in. At school, she's bullied by the popular crowd, and virtually invisible to everyone else. At home, she's dominated by her loving but cruelly controlling mother. What none of them know is that Carrie's just discovered she's got a special power, and if pushed too far, she's not afraid to use it. Based on Stephen King's bestselling novel, Carrie features a book by Lawrence D. Cohen, music by Michael Gore, and lyrics by Dean Pitchford.

Violence:

- Almost everyone in the show dies
- A mother abuses her daughter several times throughout the show (mostly verbally, but there are physical assaults as well, including stabbing and killing her daughter). Lyrics in one song call her "my pride and my shame" and another read "I gave you like, I can take it away".
- Sexual harassment
- A character gets dragged into a closet and locked in
- A teacher shoves a student to the ground (the student shoves her first)
- Memory of sexual assault
- Fake blood is used several times, and one character is covered with it
- Two characters sing that they've killed a pig

Sexual content:

- Two characters kiss, another two characters "make-out"
- The teen boys sing a line about Prom – "damn, we better get laid" and "we'll be leaving as boys, but we're coming back as men". The girls scoff at this.

Language:

- Swear words include: ass, bullshit, God (as a swear word), "screw her", dick, shit, hell, goddamn, fuck, bitch, asshole, pussy, whore, "eat shit". Swearing is used frequently throughout the show.

Substances:

- Teen characters drink alcohol and smoke weed in a party scene
- Cigarettes and/or a vape are used
- One song briefly mentions "smokes" and "keg"

Other possible triggers:

- There is a lot of bullying, especially towards Carrie
- Menstrual blood is seen (the character doesn't know about menstruation)
- Religious trauma throughout, Bible weaponized
- A character is being interrogated in a bright light by unseen detectives
- Self-deprecation
- Name-calling throughout
- One lyric states "shoot me please, put me out of my pain" – referring to being overly worried about fitting in.
- One character calls the gym teacher a "lezzie"
- Homophobia (briefly, but several times)
- Discussion of telekenesis throughout show
- Misogyny throughout show
- Loud bangs and explosions, flashing lights, bright lights